

رزومه Curriculum vitae



1) مشخصات فردی

نام: محمد
نام خانوادگی: صفریان
جنسیت: مرد
رشته تحصیلی: تغذیه بالینی
گروه آموزشی: تغذیه
مرتبه علمی: دانشیار
آدرس محل کار: مشهد
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2) تحصیلات دانشگاهی

- دکترای عمومی پزشکی، دانشگاه مشهد، 1364 تا 1372 دکترای حرفه ای عمومی
- MS.c تغذیه پزشکی Southampton انگلستان در سال 1999
- PHD تغذیه بالینی Southampton انگلستان در سال 2003

3) تجربیات حرفه ای

- عضو گروه بیوشیمی و تغذیه دانشکده علوم پزشکی مشهد از 1382/12/15 تاکنون
- مسئول کمیته تغذیه بیمارستانی استان خراسان رضوی دانشکده پزشکی مشهد از 1384/11/11 تاکنون
- مسئول بهداشت محیط حرفه ای دانشگاه علوم پزشکی رفسنجان از تاریخ 73/6 تا 74/6
- معاون پژوهشی گروه تغذیه دانشگاه علوم پزشکی مشهد 89/4/3 تاکنون
- معاون پژوهشی گروه تغذیه بیوشیمی دانشگاه علوم پزشکی مشهد 83/4/3 تا 89/4/3

- مدیر گروه تغذیه دانشگاه علوم پزشکی مشهد از تاریخ 1390/5/2 تا 1393/5/2

- رئیس دانشکده بهداشت دانشگاه علوم پزشکی مشهد از سال 1393 تا کنون.

- عضو هیئت مورد تغذیه کشور.

(4) تجربیات آموزشی

- تدریس تغذیه و تغذیه درمانی دانشکده پرستاری و مامایی در مقطع کارشناسی پرستاری پیوسته

- تدریس تغذیه با تاکید تغذیه مادر و کودک دانشکده پرستاری و مامایی در مقطع کارشناسی پرستاری پیوسته

- تدریس تغذیه درمانی مادر و کودک دانشکده پرستاری و مامایی-کارشناسی مامایی پیوسته

- تدریس تغذیه درمانی مادر و کودک دانشکده پرستاری و مامایی-کارشناسی مامایی پیوسته

- تدریس تغذیه درمانی مادر و کودک دانشکده پرستاری و مامایی-کارشناسی مامایی ناپیوسته

- تدریس تغذیه و بهداشت باروری در دانشکده پرستاری و مامایی-دکتری تخصصی بهداشت باروری از سال 87 تا کنون

- تدریس اصول کلی تغذیه پزشکی دانشکده پزشکی-علوم پایه از سال 83 تا کنون

- تدریس اصول تغذیه و اپیدمیولوژی دانشکده پزشکی-دستیاران عفونی از سال 83 تا کنون

- تدریس اصول تغذیه در دانشکده پزشکی-دکتری حرفه ای از سال 87 تا کنون

- تدریس اپیدمیولوژی تغذیه دانشکده پزشکی- MPH از سال 85 تا کنون

- تدریس تغذیه و بهداشت دانشکده پزشکی-علوم پایه از سال 85 تا کنون

- اصول تغذیه دانشکده پزشکی-دکتری حرفه ای از سال 85 تا کنون

- تغذیه دانشکده دندانپزشکی-رزیدنت های دهان و فک و صورت از سال 83 تا کنون

- تدریس تغذیه کاربردی دانشکده پیراپزشکی و بهداشت- کارشناسی بهداشت عمومی از سال 83 تا کنون

- تدریس فیزیولوژی تغذیه پیشرفته در دانشکده پزشکی- کارشناسی ارشد تغذیه از سال 88 تا کنون

- تدریس تغذیه و مواد خوراکی در دانشکده داروسازی از سال 88 تا کنون

- تدریس رژیم درمانی بالینی دانشجویان کارشناسی ارشد تغذیه دوره شش ماه آموزش بالینی در کلینیک تغذیه بیمارستان قائم

سپری ، از سال 88 تا کنون

(5) عناوین و امتیازات ویژه:

- رتبه نخست کشوری درس تغذیه در آزمون جامع علوم پایه پزشکی دوره 36 (اسفند 85)

- کسب رتبه یک ارزشیابی درونی برتر در جشنواره شهید مطهری سال 87

- کسب رتبه یک ارزشیابی درونی برتر در جشنواره شهید مطهری سال 87

- گروه برتر آموزشی در حیطه اجرای لاگ بوک الکترونیک

6) فعالیت های پژوهشی

الف) انتشار مقاله در ژورنالهای علمی خارجی:

1. Mona Sadat Shojaeizadeh¹, MSc. **Mohammad Safarian**^{1,a}, MD, PhD., Majid Ghayour-Mobarhan^{2*}, MD, PhD., Mohsen Nematy¹, MD, PhD., Mohsen Mouhebaty², MD., Mahmoud Ebrahimi², MD, Mahmoudreza Azarpazhouh², Alireza Heidari², MD, Habibollah Esmailie¹, PhD., Amirreza Razavi¹, MD, PhD., Gordon AA Ferns³, MD, MSc, MRCPt. **Associations between reported dietary patterns and cardiovascular disease risk factors for adults living in Mashhad, Iran.** Am J Clin Nutr. 2001 Jan;73(1):61-7. **Index: PubMed**
2. M. Ghayour-Mobarhan□, M. Azimi Nezhad, S.M. Kazemi Bajestani, M.R. Parizadeh, M. Safarian, H. Esmaeili, G. Khodaei, J. Hosseini, Z. Abasalti, A.R. Moosavi. **Comparing different definition of metabolic syndrome in Iranian population.** Atherosclerosis. 2007; Supplements (8): 127. **(ISI)(IF= 2.064)**
3. M. Azimi Nezhad□, M. Ghayour-Mobarhan, M. Parizadeh, M. Safarian, H. Esmaeili, G. Khodaei, J. Hosseini, Z. Abasalti, B. Hassankhany, G. Ferns. **Socioeconomic conditions and type 2 diabetes in the khorasan province of iran.** 2007; Supplements (8): 124. **(ISI)(IF= 2.064) Conference Proceeding**
4. Azimi-Nezhad M A, Ghayour-Mobarhan M□, Parizadeh M R, **Safarian M**, Esmaeili H, Khodaei G, Hosseini J, Abasalti Z, Hassankhani B, Ferns G. **Prevalence of type 2 diabetes mellitus in Iran and its relationship with gender, urbanisation, education, marital status and occupation.** Singapore Med J 2008; 49(7):1.(IF:0.730)
5. Esmaeili H□, Azimi nezhad M, Ghayour Mobarhan M, Parizadeh S.M.R, **Safarian M**. **Association between socioeconomic factors and obesity in Iran.** Pakistan Journal of Nutrition. 2008; 8 (1): 53-56. **(ISI)(IF=-)**
6. Nezhad MA, Ghayour-Mobarhan M□, Parizadeh SM, **Safarian M**, Esmaeili H, Khodaei GH, Kazemi-Bajestani SM, Hosseini SJ, Parizadeh SM, Jooya M, Ferns GA. **Metabolic syndrome: its prevalence and relationship to socio-economic parameters in an Iranian population.** Nutr Metab Cardiovasc Dis. 2008 Mar;18(3):e11-2. **(ISI) (IF= 3.731)**
7. **M. Safarian**, M. Azimi-Nezhad, M. Ghayour-Mobarhan□, M. Rajabi-Moghaddam, A. Gholami, H. Esmailli. **The best anthropometric index for predic of hypertension, diabetes and metabolic syndrome in iranain adult population.** Atherosclerosis Supplements 2008; 9(1): 242. **(ISI)(IF= 2.064)**
8. Ghayour-Mobarhan M, Sahebkar A, Vakili R, **Safarian M**□, Nematy M, Lotfian E, Khorashadizadeh M, Tavallaie S, Dahri M, Ferns G. **Investigation of the effect of high dairy diet on body mass index and body fat in overweight and obese children.** Indian J Pediatr. 2009 Nov;76(11):1145-50.**(IF: 0.502)**
9. Daryoush Hamidi Alamdari□, Stella A. Ordoudi, Nikolaos Nenadis, Maria Z. Tsimidou, George Koliakos, Seyyed Mohammad Reza Parizadeh, **Mohammad Safarian**, Maryam Sabery Karimian, B. Fatemeh Nobakht M. Gh. **Comparison of Prooxidant-antioxidant Balance Method with Crocin Method for Determination of Total Prooxidant-antioxidant Capacity.** Iranian Journal of Basic Medical Sciences. 2009; 12(2): 93-99. **(ISI) (IF= -)**

10. **Mohammad Safarian**, Rahim Vakili, Amirhossein Sahebkar, Mohsen Nematy, Monireh Dahri, Shima Tavallaie, Elham Lotfian, Mona Khorashadizadeh, Gordon Ferns, Majid Ghayour-Mobarhan. **Effect of a High Dairy Diet on Serum Antibody Titers to Heat Shock Protein 27 in Overweight and Obese Children.** Iranian Journal of Pediatrics. 2009; 19(1): 41-46. **(ISI)(IF=0.292)**
11. Ghayour-Mobarhan M, Alamdari D, Moohebati M, Sahebkar A, Nematy M, **Safarian M**, Azimi-Nezhad M, Parizadeh SM, Tavallaie S, Koliakos G, Ferns G. **Determination of Pro-Oxidant-Antioxidant Balance After Acute Coronary Syndrome Using a Rapid Assay: A Pilot Study.** Angiology. 2009 ;60(6):657-62.**(IF: 0.992)**
12. Azimi-Nezhad M, Ghayour-Mobarhan M, **Safarian M**, Esmalee H, Parizadeh SM, Rajabi-Moghadam M, Gholami A, Reza Oladi M, Ferns GA. **Anthropometric indices of obesity and the prediction of cardiovascular risk factors in an Iranian population.** ScientificWorldJournal. 2009 Jun 12;9:424-30. **(IF:1.524).**
13. Ghayour-Mobarhan M, Shapouri-Moghaddam A, Azimi-Nezhad M, Esmaili H, Parizadeh SM, **Safarian M**, Kazemi-Bajestani SM, Khodaei GH, Hosseini SJ, Parizadeh SM, Ferns GA. **The relationship between established coronary risk factors and serum copper and zinc concentrations in a large Persian cohort.** J Trace Elem Med Biol. 2009;23(3):167-75.**(IF: 2.176)**
14. Mohsen Nematy, Seyyed Mostafa Parizadeh, **Mohammad Safarian**, Abdolreza Norouzy, Seyyed Mohammad Reza Parizadeh , Mohsen Mouhebati, Nasim Shahsavan, Shima Tavalai, Majid Ghayour Mobarhan, Gordon A.A. Ferns. **Nutritional Status and Oxidative Stress on Admission and Discharge in Myocardial Infarction Patient.** Pakistan Journal of Nutrition 2011; 10(x): xx-xx, 2011,ISSN 1680-5194.
15. **M Safarian** , M Saberi Karimian , T Moghiman , M, Sheykhzadeh , AR Sepehri Shamlo , BF Nobakht , HA Esmaili , M Nematy ***Prevalence of iron deficiency anemia in the central prison of Mashhad.** JNKUMS 2011, 3(2): 43-48
16. Maryam Emdadi, **Mohammad Safarian**, Hassan Doosti. **Standardized Percentile Curves of Body Mass Index of Northeast Iranian Children Aged 25 to 60 Months.** Iran J Pediatr. 2011; 21(1): 88-94. **(ISI)(IF=0.292)**
17. Mohsen Nematy, Neda Shalaey, Seyed Amir Reza Mohajeri, Vahid Ghorbani, **Mohammad Safarian**, Mohammad-Reza Sharifian. **An Examination of Pre/PostAdenotonsillectomy Obesity Indices in 3-10 Year Old Children in Mashad, Iran.** Iranian Journal of Otorhinolaryngology. 2011; 23(2):63. **(Scopus)**
18. Parizadeh S.M.R, Kazemi-Bajestani S.M.R, Shapouri-Moghaddam A, GhayourMobarhan M, Esmaili H, Majdi M, Emadzadeh A, **Safarian M**, Azimi-Nezhad M, Khodaei G.H, Hosseini SJ, Parizadeh SMJ, Olady M, Ferns G.A. **Serum zinc and copper concentrations and socio-economic status” in a large Persian cohort.** Asia Biomed J. June 2011; 5(3): 329-335.**(IF:0.248)**
19. Seyedeh Neda Mousavi, Mohsen Nematy, **Mohamad Safarian**, Ali Najafi, Asghar Mafi Nejad, Fariborz Samini, Ali Birjandinejad, Mohamad Reza Ehsaiee and Abdolreza Norouzy. **Intensive Insulin Therapy Reduces Infections in Patients on Parenteral Nutrition - A Randomized Clinical Trial.** GMJ 2012; 1(1):2-7. **Index: Index Copernicus, Magiran, Google Scholar, DOAJ, Scopus, ISC, Elsevier**
20. Mohsen Nematy, Seyed Amir Reza Mohajeri, **Mohammad Safarian**, Abdolreza Norouzy, Mahmoud Reza Azarpazhooh, Majid Ghayour Mobarhan, Shirin Amiri Moghadam, Seyed Mohammad Reza Parizadeh, Zahra Siadat, Nasim Shahsavan Gharbi. **Nutritional status in intensive care unit patients: a prospective clinical cohort pilot study.** Mediterr J Nutr Metab (2012) 5:163–168. **Index: PubMed,**

21. Seyed-Morteza Ehteshamfar, Abbas Shapouri-Moghaddam [□](#), **Mohammad Safarian**, Mohsen Nematy, Hamidreza Bahrami-Taghanaki, Hoda Azizi. **Serum selenium concentration in Mashhad prisoners, Iran**. Saudi Med J 2012; 33 (8): 859-862. [Index:Scopus](#)
22. Darbandi M, Darbandi S, Mobarhan MG, Owji AA, Zhao B, Iraj K, Abdi H, Saberfirooz M, Nematy M, **Safarian M**, Parizadeh MR, Abbasi P, Salehmoghadam M, Fardaei M, Dabbaghmanesh MH, Ferns G, Mokarram P. **Effects of auricular acupressure combined with low-calorie diet on the leptin hormone in obese and overweight Iranian individuals**. Acupunct Med. 2012 Sep;30(3):208-13. [Index: ISI \(IF:1.188\)](#)
23. Hamid Abdi,^{1, 2} Baixiao Zhao,¹ Mahsa Darbandi,² Majid Ghayour-Mobarhan,^{2, 3} Shima Tavallaie,² Amir Ali Rahsepar,^{3, 4} Seyyed Mohammad Reza Parizadeh,² **Mohammad Safariyan**,² Mohsen Nematy,² Maryam Mohammadi,² Parisa Abbasi-Parizad,² Sara Darbandi,² Saeed Akhlaghi,² and Gordon A. A. F. **The Effects of Body Acupuncture on Obesity: Anthropometric Parameters, Lipid Profile, and Inflammatory and Immunologic Markers**. The Scientific World Journal Volume 2012, Article ID 603539, 11 pages. [Index: PubMed](#)
24. Neda Shalaei, Atoosa Motaghedi Larijani, Seyed Amir Reza Mohajeri [□](#), Abdolreza Norouzy, Mohsen Nematy, Faezeh Sheikhol Vaezin, Faeze Jahandoost, **Mohammad Safarian**. **Changes in Dietary Intake during Ramadan in North East of Iran Population** . Articles in Press, Corrected Proof , Available Online from 21 March 2013 . [Index:-](#)
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26. Darbandi S, Darbandi M, Mokarram P, Owji AA, Zhao B, Ghayor-Mobarhan M, Abdi H, Saberfirooz M, Nematy M, **Safarian M**, Parizadeh MR, Shakeri MT, Soukhtanloo M, Abbasi P, Salehmoghadam M, Hossein Dabbaghmanesh M, Ferns G. **Effects of body electroacupuncture on plasma leptin concentrations in obese and overweight people in Iran: a randomized controlled trial**. Altern Ther Health Med. 2013 Mar-Apr;19(2):24-31. [Index: PubMed](#)
27. Payandeh A, Saki A, **Safarian M**, Tabesh H, Siadat Z. **Prevalence of malnutrition among preschool children in northeast of Iran, a result of a population based study**. Glob J Health Sci. 2013 Jan 22;5(2):208-12. [Index: PubMed](#)
28. Mohammad Asghari Jafarabadi¹, Shohreh Ghazizahedi², Seyed Amir Reza Mohajeri², Maryam Nouri² (Corresponding author), Mohsen Nematy², Abdolreza Norouzy², Neda Shalaei², **Mohammad Safariyan**², Elham Sabouri², Niloofar Rajaei², Ali Tarighat Esfanjani³, Zahra Noroozi³, Mina Amin³, Masoud Avari³, Elham Rezaei⁴, Seyed Ehsan Hoseinzadeh Hoseini⁵, Mina Hajihosein⁶. **Comparison of Dietary Pattern in Different Provinces of Iran**. Switzerland Research Park Journ. Vol. 102, No. 12; December 2013. [Index:Scopus](#)
29. Marzie Zilae 1, Abdolreza Norouzy 1*, Bahare Imani 2, Gholamreza Khademi 2, **Mohammad Safarian** 1. **Improvement in Growth and Developmental Milestones with Nutritional Intervention in Methylmalonic Acidemia: A Case Report**. Iranian Journal of Neonatology 2013; 4(4):52-53
30. Mohsen Nematy¹, Maryam Nouri¹, Shohreh Ghazizahedi¹, Abdolreza Norouzy¹, Seyed Amir Reza Mohajeri¹, Neda Shalaei¹, **Mohammad Safariyan**¹, Habibollah

- Esmaily. **Validity and Reproducibility of Iranian Food Frequency Questionnaire.** Switzerland Research Park Journal. Vol. 102, No. 12; December 2013. [Index:Scopus](#)
31. Soudabe Motamed, Mahmoud Ebrahimi,¹ **Mohammad Safarian**, Majid GhayourMobarhan,¹ MohsenMouhebaty,¹Mahmoudreza.Azarpazhouh,¹ Habibollah.Esmailie, Abdolreza Norouzi, and Gordon AA Ferns. **Micronutrient Intake and the Presence of the Metabolic Syndrome.** ². N Am J Med Sci. 2013 Jun; 5(6): 377–385.
 32. Seyede Neda Mousavi,¹ Fariborz Samini,² Mohsen Nematy,¹ Elena Philippou,³ **Mohammad Safarian**,¹ Shima Tavallaiee,¹ and Abdolreza Norouzy^{1,*} **Hyperglycemia and antibody titres against heat shock protein 27 in traumatic brain injury patients on parenteral nutrition.** Iran J Basic Med Sci. Feb 2014; 17(2): 119–122. [Index: ISI](#)
 33. Seyede Neda Mousavi, Mohsen Nematy, Abdolreza Norouzy, **Mohammad Safarian**, Fariborz Samini¹,Ali Birjandinejad¹, Elena Philippou², Asghar Mafinejad. **Comparison of intensive insulin therapy versus conventional glucose control in traumatic brain injury patients on parenteral nutrition: A pilot randomized clinical trial..** J Res Med Sci. 2014 May;19(5):420-5. [Index: ISI, PubMed](#).
 34. **Mohammad Safarian**_{a,1}, Homa Hosseinpour_{b,1}, Mohammad Reza Parizadeh_a, Mohsen Mazidi_a,Samaneh Tabaec, Shima Tavallaie_d, Majid Ghayour-Mobarhan_{a,*}, Habibollah Esmaily and Gordon A.A. Ferns_f..**Serum selenium and glutathione peroxidase concentrations in healthy Iranian subjects.** Mediterranean Journal of Nutrition and Metabolism 7 (2014) 155–162.
 35. Mahmoud Reza Azarpazhouh,¹ Seyyed Mohammad Reza Kazemi-Bajestani,² Habib Esmaeili,³ Payam Vedadian,¹Mahmoud Ebrahimi,² Seyyed Mohammad Reza Parizadeh,¹ Ali Reza Heidari-Bakavoli,² Mohsen Moohebaty,²**Mohammad Safarian**,¹ Naghmeh Mokhber,⁴ Mohsen Nematy,¹ Mohsen Mazidi,¹ Gordon A Ferns,⁵ and Majid Ghayour-Mehrabani^{1,2} **Cardiovascular risk factors and nutritional intake are not associated with carotid atherosclerosis in individuals without a history of cardiovascular events.** Int J Prev Med. 2014 Nov; 5(11): 1412–1421.
 36. S.kouzegaran.r,vakili.m,Nematy.m,**Safarian.m**,Ghayour Mobarhan.m, khaghe daluee.**Comparision of novel coronary artery disease risk factory between abese and normal adolescent.**iranian journal of medical science,june 2014.
 37. Payandeh A, **Safarian M**, Tabesh H.. Mohammad Taghi Shakeri. **Application of Nonparametric Quantile Regression for Fitting Height-for-age Curves.** Jundishapur Journal of Health Sciences. 2014;6(1).
 38. Mahsa Darbandi, Sara Darbandi, Ali Akbar Owji, Pooneh Mokarram, Majid Ghayor Mobarhan, Majid Fardaei, Baxiao Zhao, Hamid Abdi, Mohsen Nematy, **Mohammad Safarian**, Mohammad Reza Parizadeh, Mohammad Hossein Dabbaghmanesh, Parisa Abbasi, and Gordon Ferns. **Auricular or body acupuncture: which one is more effective in reducing abdominal fat mass in Iranian men with obesity: a randomized clinical trial.** J Diabetes Metab Disord. 2014; 13: 92.Published online 2014 Dec 5.
 39. Seyed Mostafa Arabi, Sudiyeh Hejri Zarifi, Mohsen Nematy, **Mohammad Safarian*****The Effect of Ramadan Fasting on Non-Alcoholic Fatty Liver Disease (NAFLD) Patients.** J Fasting Health. 2015; 3(2):74-80.
 40. Mostafa arabi. **Mohammad Safarian**. Mohsen Nematy. Mohammad Hashemi. **the effect of ramadan fasting on plasma free fatty acids among non- alcoholic fatty liver patients.** journal of Fasting and Health, 3,,1395.
 41. ZarrinBanikazemi,NaghmehMokhber,**MohammadSafarian**,MohsenMazidi,Hamed Mi rzaei,HabibollahEsmaily,,Mahmoud

RezaAzarpazhooh,FatemehGhafouriTaleghani,MajidGhayour-Mobarhana,Gordon A.Ferns,. **Dietary vitamin E and fat intake are related to Beck's depression score.** Clinical Nutrition ESPEN .Volume 10, Issue 2, April 2015, Pages e61-e65

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44. Khodabakhshi A1, Ghayour-Mobarhan M2, Rooki H3, Vakili R4, Hashemy SI5, Mirhafez SR6, Shakeri MT7, Kashanifar R8, Pourbafarani R8, Mirzaei H5, Dahri M1, Mazidi M1, Ferns G9, **Safarian M**1. **Comparative measurement of ghrelin, leptin, adiponectin, EGF and IGF-1 in breast milk of mothers with overweight/obese and normal-weight infants.** Eur J Clin Nutr. 2015 May;69(5):614-8.
45. Ghayour-Mobarhan M1, Moohebaty M, Esmaily H, Ebrahimi M, Parizadeh SM, Heidari-Bakavoli AR, **Safarian M**, Mokhber N, Nematy M, Saber H, Mohammadi M, Andalibi MS, Ferns GA, Azarpazhooh MR. **Mashhad stroke and heart atherosclerotic disorder (MASHAD) study: design, baseline characteristics and 10-year cardiovascular risk estimation.** Int J Public Health. 2015 Jul;60(5):56172.
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48. Mahsa Mohammadzadeh , Samira Nasrfard , Pouya Nezafatib ,Mahla Arabpour Dahoue, Nahid Hasanpour ,**Mohammad Safarian** ,Majid Ghayour-Mobarhan Abdolreza Norouzy. **Reduction in measures of adiposity using a combination of radio frequency and ultrasound cavitation methods.** European Journal of Integrative Medicine .Volume 8, Issue 3, June 2016, Pages 313-316.
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50. Mohammadzadeh M1, Nasrfard S1, Nezafati P2, Arabpour M1, Ghaane N1, Salehi M3, Safarian M4, Ghayour-Mobarhan M5, Ferns GA6, Norouzy A⁷.**Effects of Radio Frequency and Ultrasound Cavitation Therapy on Serum C-reactive Protein and Pro-oxidant-Antioxidant Levels.** Arch Iran Med. 2016 May;19(5):348-52
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(ز) ارائه مقاله در کنگره ها یا سمینارهای داخلی:

- سوء تغذیه در بیماران بستری - تغذیه و رژیم درمانی و استفاده بهینه از مواد غذایی در بیمارستانها
- بررسی تاثیر مصرف ماهی قزل آلا بر فشار خون و ضربان قلب - همایش نقش آبزیان در سلامت جامعه - 1386
- بررسی شیوع چاقی و توزیع چربی در دختران سنین بلوغ مشهد - دومین همایش ارتقاء سلامت زنان با محور خانواده سالم مشهد - 1386
- همایش آموزشی دیابت و پیشگیری
- یازدهمین کنگره سراسری تغذیه ایران

(6) علایق پژوهشی

- الگوهای تغذیه ای
- تغذیه و رشد در اطفال
- تغذیه در ICU
- گاوآژهای بیمارستانی

(7) فعالیت های راه اندازی

- راه اندازی بخش مشاوره تغذیه بیمارستان دکتر شیخ آبان ماه 1385
- راه اندازی رشته کارشناسی ارشد تغذیه دانشکده پزشکی گروه تغذیه
- راه اندازی واحد تغذیه بالینی بیمارستان قائم
- راه اندازی بخش مشاوره تغذیه بیمارستان امدادی
- راه اندازی آزمایشگاه گروه تغذیه
- راه اندازی کمیته تغذیه بیمارستانی استان معاونت درمان

(8) عضویت در سازمان ها

- رئیس کمیته تغذیه استانی معاونت درمان دانشگاه 85-86

- رئیس کمیته کنترل رژیم های درمانی
- مسئول کمیته پژوهشی گروه بیوشیمی و تغذیه
- مسئول کمیته پژوهشی گروه تغذیه
- رئیس کمیته تغذیه استانی معاونت درمان دانشگاه
- عضو شورای عالی مرکز تحقیقات علوم تغذیه دانشگاه علوم پزشکی
- عضو شورای تحصیلات تکمیلی پایه
- عضو کمیته کارشناسی علوم پایه
- عضو کمیته تغذیه استان
- عضو کمیته پژوهشی معاونت دانشجویی فرهنگی
- عضو کمیته پیشگیری و کنترل بیماریهای غیر واگیر دانشگاه
- مشاور علمی برنامه نظام مراقبت عوامل خطر موثر در بیماریهای غیر واگیر
- عضو کمیته استانی برنامه کنترل PKU
- عضو کمیته راهبردی پیشگیری از بیماریهای قلبی و عروقی استان
- مسئول بخش اطلاع رسانی توصیه های تغذیه ای در سایت پژوهشگاه بوعلی
- نماینده معاونت آموزشی علوم پایه در جلسه مصاحبه آزمون پذیرش دانشجو در دوره MPH
- استاد مشاور دانشجویان ستاد شاهد و ایثارگر
- استاد مشاور دانشجویان دانشگاه
- عضو زیر کمیته پژوهش کمیته
- عضو زیر کمیته پژوهش کمیته سلامت قلب و عروق دانشگاه
- عضو زیر کمیته تغذیه کمیته راهبردی سلامت قلب و عروق دانشگاه
- رابط گروه توسعه آموزش دانشکده پزشکی در گروه آموزشی تغذیه
- سرپرست دانشجویان غیر ایرانی شاغل به تحصیل در دانشگاه علوم پزشکی
- مدیر پانل الگوی صحیح تغذیه و نقش آن در سلامت خانواده